

## Home Safety Checklist ©

### Fire Safety

- Y N Are candles kept 12 inches away from anything that can burn, and are they always blown out before you leave the room?
- Y N Are portable space heaters always turned off when adults leave the room or go to sleep?
- Y N Are portable space heaters at least three feet (one meter) away from anything that can burn, including people, furniture, and pets?
- Y N Has your chimney and/or furnace been inspected and cleaned during the past year?
- Y N Does a grown-up always stay in the kitchen when food is being cooked on the stove or in the microwave?
- Y N Are curtains, towels, wood utensils and other items that can burn kept well away from the stovetop?
- Y N Are kitchen appliances (coffee-makers, toaster ovens, microwaves) plugged directly into separate outlets, not into extension cords?
- Y N Does your home have smoke alarms on every level, including the basement and outside each sleeping area, and can everyone hear them?
- Y N Do you check your smoke alarms twice a year to make sure that they are working?
- Y N Are all exits from your home clear of furniture, toys, and clutter?
- Y N Does your family practice an escape plan, including two exits from each room, usually a door and a window?
- Y N Does your family have a meeting place where everyone knows where to go?
- Y N Does your home have a working carbon monoxide detector?

### Burn and Scald Safety

- Y N Is your water heater thermostat adjusted to keep hot water less than 120°F?
- Y N Do you heat foods only in containers or dishes that are safe for microwave use?
- Y N Do you wear short- or tight-sleeved clothes while cooking?
- Y N Is there a “kid-free” zone of three feet (one meter) around the stove when grown-ups are cooking?
- Y N Have you taught children to let cooked food stand 1 full minute before removing from the microwave, and open heated food containers slowly, away from face?

### Fall safety

- Y N Do you wipe up spills immediately?
- Y N Are small rugs taped down?
- Y N Are nonslip bath mats or strips in tubs and showers?
- Y N Do you have night lights in bedrooms, bathrooms and hallways?
- Y N Is there good lighting at the top and bottom of stairs?
- Y N Are there sturdy handrails on all stairs?
- Y N Do you have clear, firm safety rules for children such as no jumping on furniture?

### Poison safety

- Y N Do you keep medications and household poisons out of sight and reach of children?
- Y N Do you have clear rules about who can touch and use medications, vitamins, and other products?
- Y N Have you taught your children what to do if they find medications or poison left out-Go Tell a Grown Up?
- Y N Do you keep all products in their original containers?